

FASHION
NOTES
WHAT TO WEAR
THIS SEASON,
FROM STUDS AND
SPIKES
TO SHEER AND
SHINE

CALIFORNIA STYLE

Power

SPRING'S
SARTORIAL
HITS,
STARRING
LANA
DEL REY

Play

PORTRAIT
MODE
50 YEARS
OF
MR CHOW



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WHAT'S HOT



TRUE LAUREL bar director **NICOLAS TORRES**, Right: Scallop crudo.

SAN FRANCISCO
NEW Leaf

Lazy Bear chef David Barzelay and bar director Nicolas Torres have expanded their repertoire at **True Laurel**, an intimate venue they opened in December. The pair worked with artist and designer Nicholas Roberto on the casual space, which reflects the creativity of its Mission District locale. The menu by Barzelay (who was named Best Chef 2016 by *Food & Wine*) and chef de cuisine Geoff Davis highlights

shareable fare, such as Dungeness crab fondue, and crisp hen-of-the-woods mushrooms served with a sour cream and allium dip. Torres' ambitious cocktail program, meanwhile, proves that waste reduction and delicious innovation are compatible pursuits. "We try to use things to their full extent," he explains. So, citrus rinds are used for clarified milk punches instead of going straight to the landfill, and spent milk from a nearby cafe is turned into house-made yogurt. Sustainability efforts



can in fact "open new doors to culinary practices and new flavors," Torres says, which the team further explores in True Laurel's additional eight-seat bar, dedicated to serving the chefs' unconventional tasting menus. 753 Alabama St., 415-341-0020; truelaufersf.com.

LOS ANGELES

Pen Pals

*Continuing its quest to promote the benefits of cannabis, L.A.'s **Dosist** released its limited-edition wellness kits including Core 200, featuring four formulated dose pens: Bliss, Sleep, Calm and Relief.*

dosist.com.

DOSIST Core 200 kit, \$350.



LOS ANGELES

Zen Zone

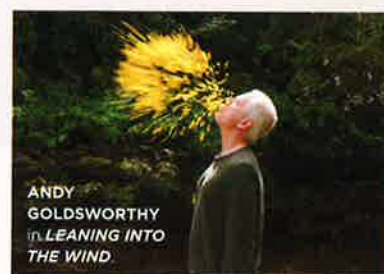
A good night's rest takes on a whole new meaning with the launch of seven Wellness Rooms at the **Four Seasons Hotel Los Angeles at Beverly Hills**. Catering to every whim of the health-conscious traveler, rooms include exercise equipment by Peloton and Alo Yoga, circadian lighting to regulate sleep, guided meditation videos by Deepak Chopra and a Cleveland Clinic-approved menu of in-room dining options. Maximize the self-care experience with a trip to the spa for rejuvenating treatments such as the newly introduced JetSet Refresh facial (\$320/80 min.) and the Surrender massage (\$280/80 min.). Rooms from \$635/night. 300 S. Doheny Dr., L.A., 310-273-2222; fourseasons.com/losangeles.



A Wellness Room at the **FOUR SEASONS HOTEL LOS ANGELES AT BEVERLY HILLS**.

Au Naturel

Site-specific land artist **Andy Goldsworthy** creates impossibly beautiful natural environments in *Leaning Into the Wind*, a film by Thomas Riedelsheimer, shot 16 years after his mesmerizing original, *Rivers and Tides*. Here, an older Goldsworthy painstakingly shapes clay in San Francisco's Presidio and elm leaf patterns in Scotland. "There's a sense of 'Where will this lead? What will I make?'" says Goldsworthy, in the film. His ephemeral answers are breathtaking. *Opens March 9*; leaningintothewind.com.



ANDY GOLDSWORTHY in *LEANING INTO THE WIND*