

Robb Report

MÉXICO

FOUR SEASONS HOTEL LOS ANGELES AT BEVERLY HILLS, A DREAM PLACE FOR WELLNESS LOVERS

Four Seasons Hotel Los Angeles at Beverly Hills is raising its wellness offer with its new Wellness Floor with 14 very special rooms.

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Los Angeles has always been synonymous with wellness. From an almost infinite number of restaurants catering to a variety of dietary requirements, such as veganism or ketogenic diets, to private yoga and Pilates studios, as well as spas on virtually every corner, LA is a destination for wellness and quality. of life seriously.

The **Four Seasons Hotel Los Angeles at Beverly Hills** , one of the best luxury hotels in the city, is raising its wellness offer with its new **Wellness Floor** that has fourteen Well rooms and suites, a **Private Fitness Suite** and a **Well Office** especially designed for guests who are interested in focusing on their physical and emotional well-being during their stay.

<https://robbreport.mx/travel/four-seasons-beverly-hills-un-hotel-de-ensueno-para-los-amantes-del-wellness/>

The rooms

Robb Report Mexico checked into one of the new Well Rooms to experience all the unique wellness experiences first hand.

Upon entering the room, it was immediately apparent the holistic and comprehensive approach that has been taken to create these wonderful wellness spaces.



The bright and airy design of the rooms echoes the surrounding beauty of Beverly Hills and immediately lifts your mood.

Inside the spacious rooms, thoughtful and purpose-driven benefits were installed, such as state-of-the-art Rabbit air purification systems, which reduce pollen, odors and other pollutants, while providing the best possible air quality.



The bedrooms also feature an energizing light system to help regulate your circadian rhythm which helps relieve the stress of *jet lag* and improve the quality of your sleep. The rooms also have water purification systems and hypoallergenic hardwood floors.

Wellness Floor

After a good night's sleep, guests who want to exercise will benefit from having all the facilities to pamper themselves on the same floor.

Just steps away from these new Well Rooms, guests have access to the indoor / outdoor gym that is fully equipped with cardio machines, crossfit / dynamic training equipment, and weights.



Guests looking for a more private experience can use the Private Fitness Suite, complimentary for two hours. It features a treadmill, hydrow rowing machine, Peloton bike, Soul Cycle bike, Alo Yoga equipment, medicine ball, and weights. The suite also includes luxurious amenities and a private bathroom with a shower.



After exercising, guests can enjoy the spacious pool terrace, next to the gym, where the attentive staff is on hand to bring towels and set up sun loungers. They can also visit the spa and try a Four Seasons aromatherapy massage that will immediately relax their body and mind.

