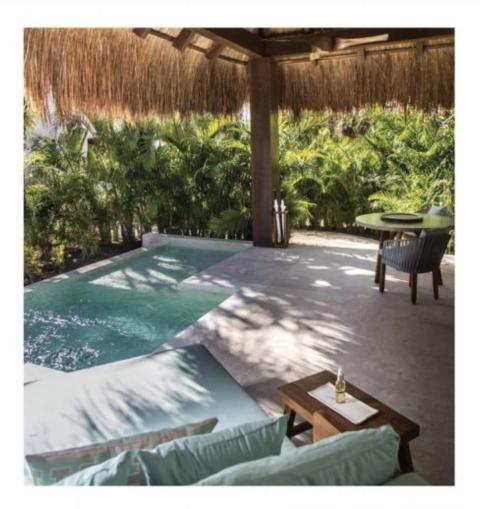
Wellness Living & Travel 891 MAGAZINE Wellness Living & Style 2021 Wellness Travel Awards FOOD IS MEDICINE **Brain Boosters** SOUND HEALING OCTOBER 2021 organicspamagazine.com What is Ethical Fashion? Blue Lagoon, Iceland







In Mexico's Riviera Maya, between a pristine beach and a lush tropical jungle, this member of Leading Hotels of the World has it all: luxurious villas that showcase regional materials-tropical wood, stone, marble-by Mexican artisans. A 17,000-square-foot spa offers a range of treatments that honor Mayan wisdom and traditions, and three restaurants helmed by Jorge Vallejo, the power behind the renowned Ouintonil restaurant in Mexico City. Partner property to the magical Chablé Yucatan, Chablé Maroma is committed to supporting local businesses and producers-food is grown or caught nearby, textiles are sewn by hand in Mexico. Guests can practice meditation and yoga, paddleboard and kayak, take cenote tours and jungle excursions or simply relax on the beach.



Set high above a valley in Costa Rica's northern rainforest, this French-owned resort's six lodges and one three-bedroom villa were designed to blend into the surroundings, with vegetation-topped "living" roofs and the use of raw natural materials worked by local artisans. Under the direction of Michelin-starred chef Jean-Luc L'Hourre, the Asian- and Peruvianinspired menus-vegan- and vegetarianfriendly-use ingredients from area farms and the on-site organic garden. Standout activities include medicinal plant tours, waterfall hikes, horseback rides, nighttime wildlife tours and chocolate-making sessions at a cacao farm, plus healing spa therapies performed with organic products.

