

Wellness Living & Travel

organic spa[™]

MAGAZINE

Wellness Living & Style

2021 Wellness
Travel Awards

**FOOD
IS MEDICINE**

Brain Boosters

**SOUND
HEALING**

OCTOBER 2021
organicpamagazine.com



*What is
Ethical Fashion?*

Blue Lagoon, Iceland

2021
ORGANIC SPA MEDIA
WELLNESS TRAVEL
AWARDS



Every year, we honor leading spas that elevate the practices of wellness, environmental stewardship and sustainability, all the while maintaining high standards of luxury, hospitality and design.

Now, more than ever, it is important to celebrate these spas for their efforts on behalf of nature conservation; energy efficiency; innovative use of local, natural and organic ingredients on their spa and culinary menus; recycling, upcycling, reuse and other initiatives geared toward lessening the footprint that leads to climate change.

We also evaluate spas for integrative and holistic health and wellness programs that foster leadership in the industry and set a new and higher standard. Innovators in wellness, hospitality and design can—and do—create a ripple effect across many other industries!

—*The Editors*

Palazzo Fluggi
Italy



Chablé Maroma
MEXICO

In Mexico's Riviera Maya, between a pristine beach and a lush tropical jungle, this member of Leading Hotels of the World has it all: luxurious villas that showcase regional materials—tropical wood, stone, marble—by Mexican artisans. A 17,000-square-foot spa offers a range of treatments that honor Mayan wisdom and traditions, and three restaurants helmed by Jorge Vallejo, the power behind the renowned Quintonil restaurant in Mexico City. Partner property to the magical Chablé Yucatan, Chablé Maroma is committed to supporting local businesses and producers—food is grown or caught nearby, textiles are sewn by hand in Mexico. Guests can practice meditation and yoga, paddleboard and kayak, take cenote tours and jungle excursions or simply relax on the beach.



ORIGINS Luxury Lodge
COSTA RICA

Set high above a valley in Costa Rica's northern rainforest, this French-owned resort's six lodges and one three-bedroom villa were designed to blend into the surroundings, with vegetation-topped "living" roofs and the use of raw natural materials worked by local artisans. Under the direction of Michelin-starred chef Jean-Luc L'Hourre, the Asian- and Peruvian-inspired menus—vegan- and vegetarian-friendly—use ingredients from area farms and the on-site organic garden. Standout activities include medicinal plant tours, waterfall hikes, horseback rides, nighttime wildlife tours and chocolate-making sessions at a cacao farm, plus healing spa therapies performed with organic products.

