

BAT GIRLS | COSTA RICA RETREAT | TEA TIME

PASADENA



**101+
THINGS WE
LOVE ABOUT
PASADENA**

INCLUDING...

**TV'S TOP DOCTOR
SHARES HIS
PRESCRIPTION
FOR SUCCESS**

**DR.
DREW**

\$7.99
JULY/AUGUST 2024
PASADENAMAG.COM



ORIGINS STORY

A rainforest resort awaits in the wilds of **Costa Rica**

BY MALINA SAVAL

→ PERCHED ON A mountainside in the lush, remote rainforest of Upala, Costa Rica, Origins Luxury Lodge, 25 miles northwest of Liberia, is an escapist five-star resort fantasy sprung to life. Immersed within the rugged, jungle-blanketed wilderness, a greenery-swathed cocoon of tranquility, you might arrive stressed out, beaten down from the *Sturm und Drang* of the real world, but will depart with an invigorating sense of Zen.

At Origins, there is nothing to distract you save for mother nature — ocelots, sloths, and the turquoise waters of Rio Celeste are just a few examples of the area's majestic ecosystem. The internet is shaky at Origins, and that's more than OK. It's a blessing. You will fall asleep to the reverberating hum of cicadas and the midnight chorus of croaking tree frogs, and wake to the Gregorian-like screeches of Howler monkeys swinging in the trees. You will lounge on the daybed of your villa's outdoor terrace and read a paperback while soaking for hours in your private fire-heated bath. You will stare lazily out at the bright orange beak of a toucan as rain patters softly on a tangled expanse of tropical green leaves. You will nap. You will breathe.

Later, you will swim long, languid laps in the infinity pool on the edge of the property while sipping an ice-cold iced tea. You will rest your

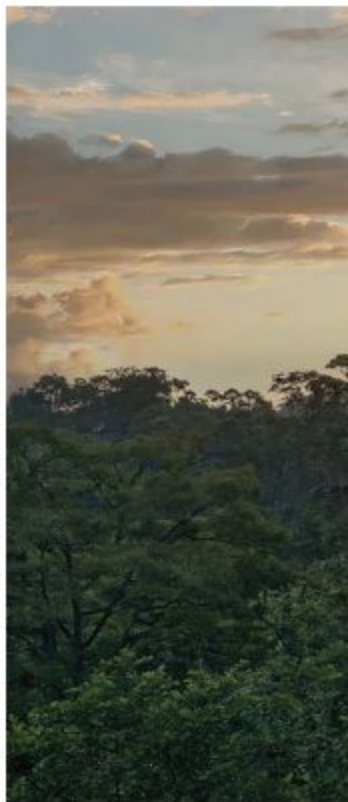
head on the pool's rounded cement edge and marvel at the sweeping views of Costa Rica's breathtaking volcanic terrain. You will snack on crisp tortilla chips and homemade guacamole

and get a cacao massage and full body wrap at Origins' full amenities spa.

You will eat well at Origins Lodge—and often. Michelin-starred chef Yann Berger will walk through the resort's garden, plucking melons, other fruit, and bunches of mint-green lettuce that he will use in the dishes he serves fresh daily. He will serve you four-course meals, including bowls of mushroom risotto with savory diced tomatoes and towers of cacao macarons. You will walk back to your dreamy villa needing an afternoon nap, and a butterfly will land on your arm.

When the urge to venture out takes hold, you will horseback ride, take a yoga class, and go rafting on the nearby Nicaragua River. You will scrape your knees during a hike to a serene waterfall

at the edge of the hotel property and drag your fingers across a moss-covered rock. You will traipse across the property's lush jungle at midnight, spotting ants beneath your sandaled feet, and shine a flashlight on the frogs jumping across patches of grass that encircle a network of ponds. You will gape at the glowing white moon. You will wonder why you live in Los Angeles. And vow to return to Origins. originslodge.com



ALL IMAGES: MALINA SAVAL; EXCEPT FOR BOTTOM RIGHT: COURTESY ORIGINS LODGE



WELCOME TO THE JUNGLE

Nestled within a lush expanse of the Costa Rica mountains, Origins is a luxe hideaway featuring amenities such as an infinity pool with sweeping views, a Michelin-starred restaurant and spa.



**At Origins, there is nothing to distract
you save for mother nature.**