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THE Hollywood PORTER

CHERYL HINES AS... FIRST LADY?

The *Curb Your Enthusiasm* actress on life after Larry and her marriage to polarizing presidential hopeful Bobby Kennedy Jr.

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AT THE L.A. TIMES

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the 'train wreck'
of writing
"We Are the World"



What did it feel like for your second major role to be a lead? I struggled at the beginning of *One Day* — I was struck by how much pressure I felt being a lead. I didn't know if I should behave like the captain of a sports team. And I struggled with not having any kind of moment to myself, like you can't tie your own shoelace or spit your own gum out.

What did you do at the end of the day to recharge? Had a gin and tonic and went to bed. (*Laughs.*)

In the show, the two main characters bond by talking about what they want to be when they're 40 — do you ever think about that? Am I allowed to say "rich and famous" [like Dexter says]? No,



Woodall and Ambika Mod in a scene from Netflix's romantic comedy series *One Day*.

I'm kidding. I used to want to be a stuntman, and then that dream kind of faded. And then I wanted to be a PE teacher, so who knows, maybe one of those dreams will come back. Maybe I'll quit all this and go to be a PE teacher.

Do you feel famous?

I feel like some people recognize me, but no. There was one day when I noticed I was being followed by a paparazzi photographer and I thought, "I don't know how people deal with this on a daily basis." I want to be as successful as I can be as an actor, but I don't think it would be that fun to be categorically famous.

Your life has changed so much in the past few years, but where is the area in which you feel it most? It's more of an inward thing. I've grown to be more content with myself. And I've got a bit more money now, thankfully.

STYLING: CHRISTOPHER BROWN; GROOMING: JESSICA LAWRENCE; FULL-LOOK: EMERSON ARMANI; ONE: TEDDY COVINGTON/NETFLIX; MURRIETA: WE CARE/HOME; COURTESY OF RESORT



Where to Spa and Ahh 2024: Seven Spots for Rejuvenation

A private-member wellness center in Venice and the return of a hot springs resort in the desert lead a wave of new and improved retreats **By Beth Landman**

Cal-a-Vie Health Spa The 500-acre expanse (which includes an 18-hole golf course) outside San Diego, is designed to feel like Provence and has long been favored by such Hollywood stars as **Julia Roberts** and **Shailene Woodley**. Ten miles of hiking trails were recently added, and three new six-bedroom villas are due in February; *from \$5,300 for a three-night package, cal-a-vie.com*

Carrara Treatment Wellness & Spa Opened Jan. 1, this luxe sanctuary from recovery guru **Richard Taite** (who founded Cliffside Malibu) has two locations in Malibu and one in Bel Air, with settings to rival an Aman resort. Lymphatic healing and facials with gold-infused products to stimulate collagen are on the program, along with intense therapy and fitness classes, and each facility takes only six guests at a time. You don't have to have an addiction — stress and burnout will work as calling cards — but you do need funds; *from \$121,000, 30-day minimum stay, carraratreatment.com*

Hume Opening in Venice Beach this spring, this private-member club focuses on wellness and self-care. Fitness classes range from HIIT to hot yoga, trainers include pro surfers and endurance athletes, and the spa features sauna, steam, cold plunge and services like myofascial release; *\$1,000 initiation fee, \$350 monthly, hume.la*

Miraval Life in Balance Spa Aviara This satellite spa within the newly renovated Park Hyatt Aviara Resort in Carlsbad has offerings that reflect the adventurous spirit Miraval is known for, like

floating meditation done while hanging from the ceiling. Spa sessions also are unique; Vasudhara, a water therapy combined with Thai massage, has guests blindfolded before they submerge; *rooms from \$545 a night, parkhyattaviara.com*

Murrieta Hot Springs Resort This revitalizing desert getaway takes the cake for longevity — its therapeutic mud and mineral waters have been drawing visitors since 1902. It shuttered as a spa in 1995 but will reopen Feb. 1, featuring 50 new pools and a terra thermal mud loft, where guests can apply mineral-rich sludge and bake in the sun; *from \$399 per night, murrieta-hotspings.com*

Sunset Marquis One of L.A.'s most famed hotels, this West Hollywood property has finally opened a spa after 60 years, offering such therapies as the Stairway to Heaven Massage with essential oils; *from \$400 a night, sunsetmarquis.com*

We Care Spa You can give your jaw a rest along with your mind and body at this escape in Desert Hot Springs, where **Andie MacDowell** and **Cameron Diaz** have gone on liquid detox diets of lemon water, psyllium husk brew, pureed soups, fresh pressed juices, shakes and teas. What began in founder **Susana Belen's** house with three suites has recently grown to 28 villas with deep soaking tubs and rain showers. The average stay of three to seven days includes meditation sound healing, nutrition classes, yoga, colonics and spa treatments; *from \$2,019 for a weekend, wecarespa.com* [VIEW](#)



Clockwise from top: A mineral water pool at Murrieta Hot Springs Resort; a rendering of the interior of Hume, a soon-to-open private-member wellness and fitness club in Venice; the pool at We Care Spa.